

**A Cultural Competency Workshop for
Black Mental Health Professionals:
*Working Clinically with Lesbian, Gay,
Biattractational, Transgender,
Questioning, and Gender Non-Conforming
Clients (LGBTQ/GNC)***

Facilitator: Amorie Robinson, Ph.D., L.P.*

Sponsor: The Metro Detroit Association of Black Psychologists

Date: Saturday, September 24, 2016

Time: 9:00am to 4:00pm

Location: Michigan School of Professional Psychology, 26811 Orchard Lake Road in Farmington Hills, MI

Who: Psychologists, psychiatrists, social workers, licensed professional counselors, behavioral specialists, graduate/undergraduate students in psychology.

Registration: \$20 for the first 20 registrants who contacted abpsidetroit@gmail.com or (313) 570-1543.

\$40 for the next 21-40 registrants. Please RSVP at the above email address or phone number with your name, credentials, phone number, and email address. Last day to register is September 20th.

Payment is made onsite (cash only please). Please arrive by 8:45am.

Lunch is on your own or feel free to bring one.

Workshop Description: *This informational-experiential-dyadactic workshop will focus on supportive and culturally appropriate interventions for children, adolescents, and adults identifying as LGBT/GNC or struggling with “coming out” and thereby reducing risk factors, emphasizing clinical work with Black clients and their families. As this population is becoming more visible, they are more likely than ever to be seen by mental*

health professionals for the same reasons as other clients. However, information and insights regarding the complex identities of being both Black and LGBTQ/GNC remain highly underrepresented in clinical trainings, making this particular workshop unique and rare. Topics will cover terminology, risk factors, resiliencies and coping, cultural factors, intervention strategies, resources, and recommendations for working clinically with adults, adolescents, elders, and their families. Individual, group, couples, and family therapies included. There will be lecture, discussion, activities, guest speaker, videos, games, handouts, and information about local resources. This workshop is specially designed for Black mental health providers.

Learning Objectives:

- Learn the distinction between “gender expression” and “attractational orientation” and become more aware of the most appropriate terminology to use when discussing LGBTQ/GNC clients.
- Explore mental health risks of certain LGBTQ/GNC populations and examine the Minority Stress Model (Meyer) as it pertains to this population.
- Acquire an awareness, appreciation, and understanding of the wide diversity of this population and the psychological impact of intersectional identities, being Black and LGBTQ/GNC.
- List 3 common clinical issues when working with children, adolescents, and adults within this population including children of LGBT parents.
- Identify at least 2-3 culturally competent treatment interventions for helping clients address the trauma and microaggressions confronted by this population.
- Learn to recognize the significance and complexities of the “coming out” process in Black communities for the Black LGBTQ/GNC population, especially children/adolescents.
- Acknowledge the importance of identifying one’s own biases, how it can potentially interfere with the therapeutic process when working with this population, and what to do when this happens.

- Learn at least 3 ways to make their agency or therapy office welcoming and affirming to potential LGBTQ/GNC clients and their families.

Continuing Education Credits:

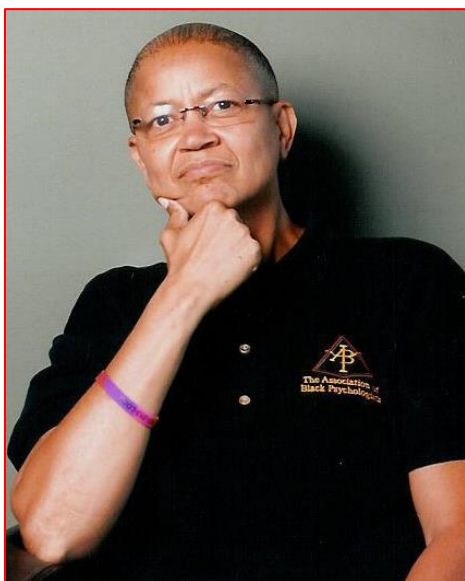
Continuing education credits are being offered for this workshop. Participants must arrive on time and remain in workshop for its entirety. Late arrivals and early departures will result in the deduction of awarded credits. You must have your license number with you when you check in.

Counselors: 6.0 Continuing Education Credits are provided for this workshop. The Virtual Center of Excellence (VCE) is a National Board of Certified Counselors (NBCC)-Approved Certified Continuing Education Provider (ACEP) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP is solely responsible for all aspects of the program.

Social Workers: 6.0 Continuing Education Credits are being provided.

CMHP: These training hours meet the MDHHS training requirements for Children’s Mental Health Professionals.

QMHP: These training hours meet the MDHHS training requirements for Qualified Mental Health Professionals.



** Dr. Amorie Robinson is a licensed clinical psychologist in Detroit. She received her doctorate degree in Clinical Psychology at the University of Michigan. Dr. Robinson has worked at the Third Circuit Court of Michigan Family Division’s Clinic for Child Study conducting therapy and psychological assessments since 2005. She spent 21 years working with adults, adolescents, and children at various outpatient psychiatric clinics (currently at Northland Clinic). At University of Michigan, she taught Introduction to LGBT Studies and Multicultural Group Process. She has taught family therapy and provides clinical supervision at the Michigan School of Professional Psychology. Dr. Robinson conducts LGBT/Gender Variant cultural competency trainings for mental health professionals and educators. She is a trainer for the Michigan Department of Education’s Safe Schools for Sexual Minority Youth program. Since 2001, Dr. Robinson has published several journal articles on the psychology of Black LGBTs and is a co-founder of The Ruth Ellis Center, an agency serving homeless and at-risk LGBTQ/GNC youth. Dr. Robinson is president of the Metro Detroit Association of Black Psychologists. Her gender pronouns are she and her.*

